

## Indians Art, Music, and Physical Education



*Picture of modern day Potawomecks. Chief, Two Eagles, Green is on the left. Photo by Steve Gambaro*

The following web sites provide useful resources for teachers:

Virginia's Indians, Past & Present

<http://falcon.jmu.edu/~ramseyil/vaindians.htm>

At this site lesson plans for art projects can be found as well as the history of the Manahoac Indians.

Native American Art Project

<http://www.teachersfirst.com/summer/nativecrafts.htm>

A guide to making simple toys and crafts used by Native American and colonial children.

Colonial and Indian Music and Dance

<http://www.colonialmusic.org/Resource/Resources.htm>

Includes links to directions for dances and other teacher resources